

HEALTH OVERVIEW AND SCRUTINY COMMITTEE 19 JULY 2016

ADULT MENTAL HEALTH TRANSFORMATION – a) Secondary Care Community Services b) Secondary Care Inpatient Services

Summary

1. The Health Overview and Scrutiny Committee (HOSC) is to consider information provided in relation to Adult Mental Health Transformation.
2. Members have always taken a keen interest in mental health services and have received a number of briefings. At its 9 December 2015 meeting, the HOSC looked specifically at the development of the Employment and Reablement Pathway. This meeting will provide an update on all developments and more specifically focus on those associated with Secondary Care Community Services and Inpatient Services (paragraphs 6c-12)
3. Representatives from Worcestershire Health and Care Trust and the 3 Worcestershire Clinical Commissioning Groups have been invited to attend.

Background

4. Adult Mental Health Services are currently provided by Worcestershire Health and Care Trust (WHCT) and commissioned by the 3 Worcestershire Clinical Commissioning Groups (CCGs). *Please note: at the time of the last HOSC discussion, Worcestershire County Council (WCC) had commissioning responsibility for Adult Mental Health Services.*
5. In this current fiscal climate both commissioners and providers are faced with really difficult decisions around how resources are used to best effect. Combined financial pressures across the system means that there is a reduction in how much money is spent on mental health services across Worcestershire over the next few years. However, all stakeholders are committed to offering the very best services we can and modernising these within the constraints we have.
6. There are a range of changes and developments taking place:

a) *Employment and Reablement Pathway*

To recap on the previous briefings to the HOSC, at the end of 2015, WHCT brought together service users, staff and other stakeholders to re-design its vocational service, part of the portfolio of the Employment and Reablement Services. The budget was circa £700k and a savings target of £250k was set by commissioners, which has been released through the new delivery model.

The Vocational Service provides activities for people who need support to re-build their confidence, or to gain new skills to equip them for future work,

volunteering or education following a mental health illness. The service had been run predominantly out of three centres; Shrub Hill Workshop in Worcester, Orchard Place Workshop in Redditch and Link Nurseries in Powick. On 1 April 2016, the newly re-designed service went live which moved it to more of an outreach model with just one centre, initially Shrub Hill Workshop (Worcester), and more links to existing groups and activities being run across the county.

The new service is known as New Opportunities Worcestershire, and increases the options for more people to access outreach groups and activities than has been previously been possible. The Worcester base will continue to provide arts and construction activities as well as support for people looking to sharpen up their office and administrative skills. The new outreach projects include horticulture at the Fairfield Neighbourhood Learning Centre in Warndon (Worcester), woodwork at the Old Needleworks (Redditch) and a further horticultural project based at the Princess of Wales Community Hospital (Bromsgrove). Further courses in art and IT will commence in venues in Kidderminster, Evesham and Bromsgrove over the next months.

Those already in our services who are recovering from mental health illnesses can attend these activities as part of their recovery journey. More information on New Opportunities Worcestershire, including the developing list of outreach opportunities is on the Trust's website here:

www.hacw.nhs.uk/our-services/new-opportunities-worcestershire

b) *Primary Care Mental Health Services (PCMHS)*

The new model of enhanced primary care mental health services is known as Worcestershire Healthy Minds and supports those with low level mood, anxiety and depression by offering Talking Therapies and group work. Other aspects of the service include locally based access to Mental Health Professionals attached to GP surgeries who can support people in the community who have recently experienced treatment from secondary care services. Healthy Minds also seeks to ensure that individuals have access to services which help them live well in the community, including those that support self-management of care and improve wellbeing. £500,000 of existing funding from Secondary Care Community Services is being reallocated to establish the new Healthy Minds service and to support delivery of this more holistic service model.

The first phase of the new model was successfully implemented at the beginning of April 2016. The Wellbeing Hub started on the 16th May and is managed by Community First (the Trust's partnership arrangement with the voluntary and community sector). Mood Master providers are now all in place and offering a County Wide self-referral access to groups in 6 areas.

The new pathway for stepping up and down of patients between Primary and Secondary Care services will focus on the Peer Support and Gateway Worker liaison models. A procurement / engagement exercise to establish the Peer Supporter network through VCS providers is underway. The new Peer Support network is expected to be in place from October 2016, alongside the

County Wide increased complement of Gate Way Workers to add to the step down support and treatment options for the current Secondary Care patients.

A full launch of the whole service is expected late summer/ early autumn when all final aspects of the new service are implemented and running as a County Wide Worcestershire Healthy Minds.

Some of this new service is funded through the Public Health Ring-Fenced Grant (the subject of the 30 June 2106 HOSC meeting) and although this investment has been maintained currently any decision to reduce or withdraw funding in the future would significantly impact on delivery. At this time a decision regarding future funding and sustainability is still pending.

c) *Secondary Care Community Services and Inpatient Provision*

As stated above, £500,000 is being reallocated following the review and redesign of Secondary Care Community Services to ensure the roll out of Worcestershire Healthy Minds and phases of development, including a County Wide Single Point of Access (SPA) model proposal. A further £410,000 of savings from the Trust's Secondary Care Community budgets is required for the County Council's Future Lives Programme.

As well as the above savings and reallocation of funds, a further £500,000 is required for the national efficiency programme, which will be met through the redesign of Secondary Care Inpatient Services.

Worcestershire Health and Care Trust has taken a Co-Production approach to the redesign of the secondary care community and inpatient services. This means we are collaborating and working in partnership with our service users and the wider public to shape a model together for what mental health services will look like. HOSC Members received an update on 10 March 2016 which set out the approach taken to work together with service users and stakeholders.

The detail of the clinical and operational models has now been developed and will inform the external formal consultation. The consultation will commence mid-July and run until the end of September. The themes and key messages included in the consultation will be presented to HOSC at the 19 July 2016 meeting.

Purpose of the Meeting

7. Members are asked to consider the information provided and determine whether the HOSC has any comments on the proposals. Members may wish to consider the following:

- current and future service provision and performance
- impact on service users, including numbers affected
- how service users and other stakeholders have been involved
- next steps.

8. In May 2010, the Secretary of State for Health set out four key tests for service reconfigurations, requiring them to demonstrate:

- support from clinical commissioners
- strengthened public and patient engagement
- clarity on the clinical evidence base
- consistency with current and prospective patient choice.

9. The Centre for Public Scrutiny suggests a number of questions to ask when scrutinising NHS service redesign or reconfiguration:

- What is the purpose of the proposed redesign or reconfiguration?
- How extensive, inclusive and adequate is the consultation process?
- How will access to services be affected?
- What demographic assumptions have been made in formulating the proposals?
- What provisions are being made for the effects on patient flow of initiatives around choice and commissioning?
- What is the clinical evidence on which the proposals are based?
- How will proposed reconfigurations contribute to joint working?
- How will the proposals help the NHS achieve its health improvement goals and reduce health inequalities?
- What infrastructure will be available to support redesigned or reconfigured services?

Contact Points

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Background Papers

In the opinion of the proper officer (in this case the Head of Legal and Democratic Services) the following are the background papers relating to the subject matter of this report:

- Agenda and Minutes of Cabinet on 16 July 2015 – available on the Council's website [here](#)
- Report and Decision Notice of the Cabinet Member for Health and Well-being on 20 November 2015 – available on the Council's website [here](#)

- Agenda and Minutes of the Health Overview and Scrutiny Committee's discussion of mental health services on 5 November and 9 December 2014 and the 3 March, 4 November and 9 December 2015 and 10 March 2016 – available on the Council's website [here](#)